

# My Balance Buddy



A tool to help kids, ages 3-10yrs, keep track of a balanced diet



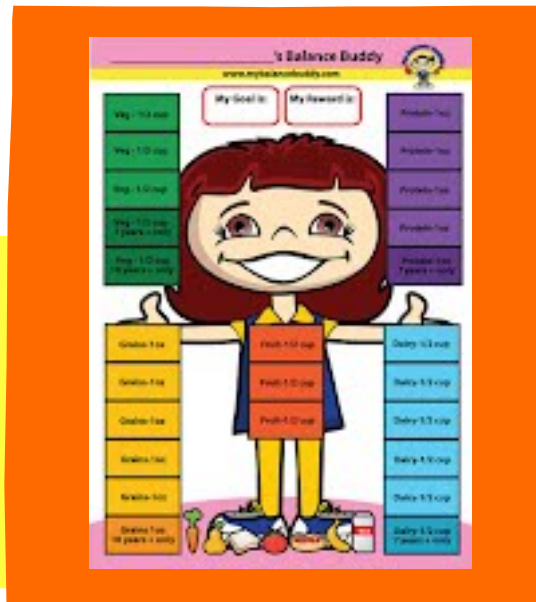
A Fundraiser that helps promote Healthy Eating in your School Community!

Keep 25% of your Sales

Visit [www.mybalancebuddy.com](http://www.mybalancebuddy.com) for more information



Contact Elisabeth Kraemer with questions or comments: [lis@mybalancebuddy.com](mailto:lis@mybalancebuddy.com)



Elisabeth Kraemer, the creator of My Balance Buddy, is a Capitol Hill mom and elementary school teacher. She is passionate about teaching balanced eating to kids.

Simply distribute the attached sheet to each student in your school, and inform the sales team at My Balance Buddy that you are holding a fundraiser. [lis@mybalancebuddy.com](mailto:lis@mybalancebuddy.com)

# My Balance Buddy



A tool to help kids, ages 3-10yrs,  
keep track of a balanced diet



Promote balanced eating in your home, while supporting your school!



### My Balance Buddy includes:

- a legal size magnetic board (girl or boy version)
- magnetic puzzle pieces
- food equivalency chart
- dry erase marker



Visit [www.mybalancebuddy.com](http://www.mybalancebuddy.com) to learn more!

Name	Classroom Teacher	My Balance Buddy (Boy version) \$19.99 Quantity	My Balance Buddy (Girl version) \$19.99 Quantity

Return this form and cash or check to your classroom teacher by \_\_\_\_\_